

## Spring 2023 Course Calendar- Riders

Class Type	Day	Time
4-8 Therapy 1 PREP/Sport	Saturday	9:30-10:15am
	Saturday	2:30-3:15pm
4-8 Therapy 1 PREP	Saturday	1:30-2:15pm
8-12 Therapy 1 Sport	Monday	5:30-6:30pm
	Thursday	5:30-6:30pm
	Saturday	10:30-11:30am
8-12 Therapy 1 PREP	Tuesday	5:30-6:15pm
	Saturday	3:30-4:15pm
Therapy 1 Cognitive/Sport	Thursday	7:15-8:15pm
21+ Therapy 1 Cognitive	Tuesday	7:15-8:15pm
	Tuesday	8:30-9:30pm
	Wednesday	10:30-11:30am
21+ Therapy 1 Dual	Wednesday	1:30- 2:30pm
	Wednesday	2:45-3:45pm
	Thursday	8:30-9:30pm
21+ Therapy 2 Physical	Thursday	10:30-11:30am
Therapy 3	Monday	7:15-8:15pm
	Monday	8:30-9:30pm
Friends of CARD	Days and times to be confirmed	